

Jell-O Brain Recipe

- Jell-O brain mold*
- Non-stick cooking spray
- 9 oz of gelatin (3 small boxes (3oz each) or 1 large (6oz) and 1 small)
Watermelon provides the best color but strawberry, cherry will work too.
- 12 oz of fat free evaporated milk (99.5% fat free – it must be fat free or the gelatin will not set properly)
- 3 cups of boiling water
- 1 ½ cups cold water.

Before using the mold, wash with soap and water, rinse well and dry thoroughly. Coat dry mold with a generous amount of non-stick cooking spray and wrap the mold with a towel or foil to create a stand. Place prepared mold in a bowl or pan.

In a large bowl, mix the 9oz of gelatin with 3 cups of boiling water. Stir to dissolve the gelatin completely. Add 1 ½ cups cold water and 12 oz of fat free evaporated milk. Mix well and pour into mold. Refrigerate for at least 12 hours.

When ready to remove from the mold, take it out of the refrigerator and let stand at room temperature for 5-10 minutes. Shake the mold to loosen from the sides. Place a large plate or platter over the mold opening and invert onto the plate. If you will not be presenting at the time, return Jell-O brain to the refrigerator.

*Available at Affordable Treasures during Halloween or online through party supply stores.

Adapted from Educational Innovations: www.teachersource.com and the Santa Clara County Public Health Traffic Safe Communities Network Middle School Student Leadership Training: Helmet Education.